

Federal Benefits *FastFacts*

BENEFEDS

What is BENEFEDS?

BENEFEDS is an enrollment and premium processing system sponsored by the Office of Personnel Management (OPM) that you must use to enroll in the Federal Employees Dental and Vision Insurance Program (FEDVIP). BENEFEDS includes a secure website and a call center.

BENEFEDS also handles billing and premium administration for FEDVIP and for the Federal Flexible Spending Account Program (FSAFEDS).

Why should I use BENEFEDS?

It is the ONLY place to enroll in a FEDVIP plan. You enroll securely [online](#) or by telephone at 1-877-888-3337, TTY 1-877-889-5680.

Is my personal information safe in the BENEFEDS system?

Yes. The BENEFEDS website employs a number of security features such as password lockouts after 3 consecutive incorrect attempts, session time-outs to protect unattended machines, and encryption to ensure your information is kept private and secure.

When do I use BENEFEDS?

As a new or newly eligible employee, to:

- Enroll in a FEDVIP dental plan and/or FEDVIP vision plan within 60 days of becoming eligible

During the Federal Benefits Open Season, to:

- Enroll, change or cancel a FEDVIP dental plan and/or FEDVIP vision plan
- Change your FEDVIP enrollment type (Self, Self plus One, Self and Family) or plan option
- Add or remove covered family members from your FEDVIP enrollment(s) (all eligible family members must be listed on Self and Family enrollments)
- View FEDVIP plans and rates available in your region
- Ask questions about your FSAFEDS allotments and/or FEDVIP premiums

Outside of Open Season, to:

- Make permissible changes in your FEDVIP enrollment if you experience a [qualifying life event](#) (QLE)
- Update your FEDVIP personal information, such as changes in your name, address, family members, employing agency, retirement status
- Ask questions about your FSAFEDS allotments and/or FEDVIP premiums

Can my agency contact BENEFEDS on my behalf?

Yes, if you have completed an [Authorization of Disclosure Form](#) and sent it to BENEFEDS.

How can I reach BENEFEDS?

Internet: <https://www.benefeds.com/>

Telephone: 1-877-888-3337, TTY 1-877-889-5680

Mail: BENEFEDS–FEDVIP

P.O. Box 797

Greenland, NH 03840-0797